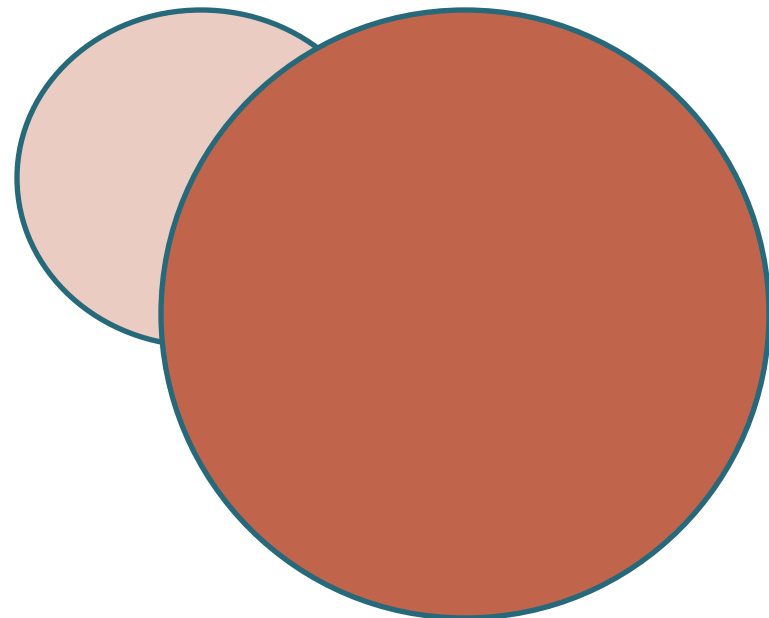




Techniques for Caregivers

By Sharon Faircloth, OTS
Lindsie Webster, OTS

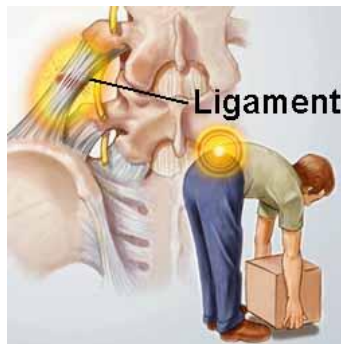


Proper Body Positioning



Wear non-skid shoes- you and the transferee!

Keep your back straight and knees bent!



Keep your feet at least shoulder width apart and slightly under your knees

Preparing a wheelchair before transfer

1. Position chair roughly 45°-90° to transfer surface

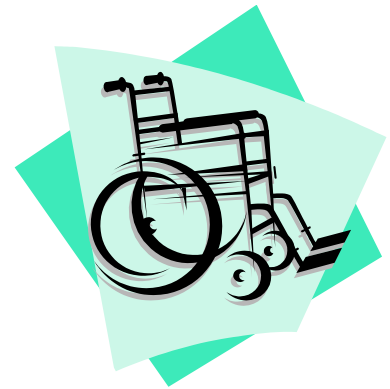
Depending upon level of assistance

2. Put on the gait belt

3. Lock the brakes!!

4. Swing legs out and remove leg closest to transfer surface

5. Remove chair arm closest to transfer surface when transferee is unable to push off or if using a sliding board

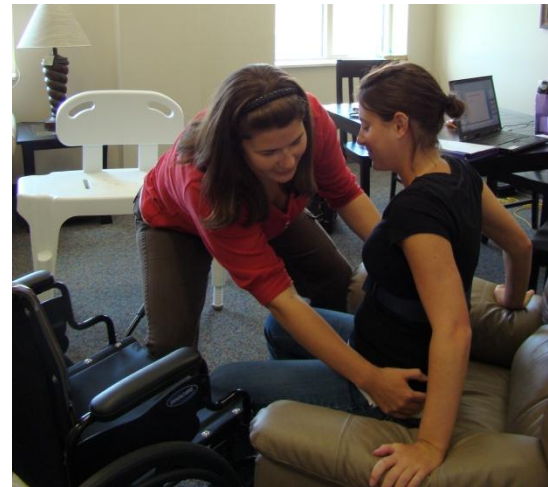


Putting on a gait belt



Transfer Techniques:

Wheelchair to chair:



Transfer Techniques

Wheelchair to tub-bench:

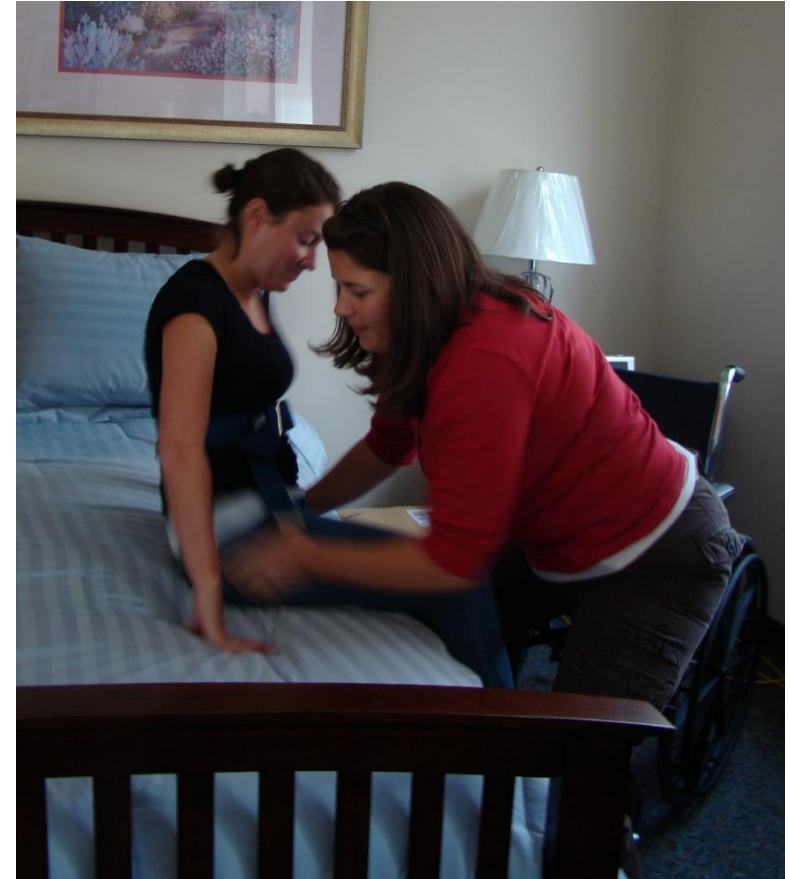


Getting into the bathtub



Transfer Techniques

Wheelchair to bed:



Transfer techniques

Bed to wheelchair:



Transfer techniques

- Walker to raised toilet



Disclaimer!!

Everything does not work for **everyone!**
Find out what works best for your
needs
and the needs of the person you care
for.

